

# **IU Health Momentum Indy**

July 11-13, 2025 Technical Guide





USA Cycling Permit #10342

MARIAN UNIVERSITY

USA Cycling Permit #10415



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## **About Momentum Indy**

Momentum Indy is a **501(c)(3) not-for-profit organization** powered by a dedicated team of volunteer board members. We work year-round to bring you our signature cycling events: the **Mass Ave Crit, Indy Crit, and Honor Major Taylor Fondo**.

Beyond these events, we are deeply committed to fostering a vibrant cycling community, especially for women. We proudly manage **Divas**, a year-round women's specific cycling program designed to empower and engage women in the sport. Through Divas and our dedicated **scholarship program**, we actively support women by providing opportunities for participation, development, and community building within cycling.

Our team is made up of civic-minded individuals with diverse backgrounds in fields like architecture, sales, marketing, business, healthcare, and non-profit management, all united by a passion for our community.

#### **Our Mission**

Our mission is simple: to inspire our community to experience the joy of bicycling and movement through producing exceptional events and promoting healthy, active lifestyles.

# **About Indy Cycloplex & Marian University**

The **Indy Cycloplex**, home to the **Major Taylor Velodrome** and BMX Track, is owned by the City of Indianapolis Department of Parks and Recreation and operated by Marian University.

Marian University, Indianapolis's Catholic university, manages the Cycloplex as part of its mission to develop leaders and engage with the community, offering a variety of cycling programs and events.



## **Event Staff**

### **Meet the Planners**

**Executive Director/Event Director** 

Jennifer Cvar

**Assistant Event Director** 

Paul Cvar

**Parkside Throwdown Event Director** 

John Hoopingarner
Marian University Head Cycling Coach

**Course Director and Operations** 

Paul Cvar Michael Goldenberg Kory Drake

**Volunteer Director** 

**Brent Ruddy** 

**Team Liaison** 

Jennifer Cvar

**Host Housing** 

Brooke Elmore Cate Lambert Amy Rivelli

-

**Stage Manager and Awards** 

Amy Strahan

**Expo & Kids Zone** 

Brooke Elmore Chris Nurnberger Brandi Barnes **VIP Hospitality** 

Abel Barerra Duran Michael Goldenberg Ali Oppel

**Honor Major Taylor Fondo** 

Karen Smartt Scott Langford

**Course Marshal Captain** 

Diana Herwig

**Social Media** 

Marjie Bemis

**Media Relations** 

Libby Dugan

**Photography & Videography** 

Mike Almert John Whalen Joe Vondersaar Mike Lee



## **Board of Directors**

Chris Boardman, AIA, LEED AP, President
Abel Barerra Duran, Vice President
Michael Goldenberg, Treasurer
Patrick Flanagan, Secretary
Chemen Neal MD, Board Member
Drew Blair, Board Member
Sally Yuska, Board Member
Jennifer Cvar, Board Member
Bob Lazard, Board Member

### **Race Officials & Services**

Online Registration BikeReg

Finish Line Timing & Results
Jon Gallagher
Sports Base Events One2Go

Race Commentator Brad Sohner, Stage

Onsite Medical

IU Health

Pace Car Dreyer & Reinbold MINI

Fondo Mechanical Support Nine13sports Race Officials
USA Cycling

**Neutral Support**Big Shark Bicycle Co.

Onsite Registration
Jonathan Kinnick

Staging & Sound Runnertainment Deckademics Red Bull

**Fencing** Cadence



## **Schedule of Events: Mass Ave Crit**

Friday, July 11, 2025

(All times EST)

2:30 PM – 10:00 PM	Race Registration Open
4:30 PM – 5:00 PM	Women 3/4/5 & Women Masters 40+ 3/4/5
5:05 PM – 5:35 PM	Men 5/Citizens
5:40 PM - 6:20 PM	Men Masters 1-4 40+
6:25 PM – 7:15 PM	Men 3/4
7:25 PM – 8:35 PM	Women Pro 1/2 – 8 rider limit
8:45 PM – 9:55 PM	Men Pro 1/2 – 8 rider limit

# Schedule of Events: Indy Crit Saturday, July 12, 2025

8:00 AM	Honor Major Taylor Fondo Start
8:00 AM - 5:30 PM	Race Registration Open
9:00 AM - 9:25 AM	Junior Male/Female Age 9-18 – Cat 4/5 only
9:30 AM - 10:10 AM	Women 3/4/5 & Women Masters 40+ 3/4/5
10:15 AM – 10:55 AM	Men Masters 1-4 55+
11:00 AM - 11:40 AM	Men 5/Citizens
11:45 AM – 12:35 PM	Men Masters 1-4 40+
12:40 PM - 1:30 PM	Men 3/4
1:40 PM - 1:55 PM	Kids Race Age 3-12
2:00 PM - 3:10 PM	Women Pro 1/2 – 8 rider limit
3:20 PM - 4:30 PM	Men Pro 1/2 – 8 rider limit

# Schedule of Events: Parkside Throwdown Sunday, July 13, 2025

9:00 AM - 9:40 AM	Junior Male/Female Age 9-18 – Cat 4/5 only
9:45 AM - 10:25 AM	Women 3/4/5 & Women Masters 40+ 3/4/5
10:30 AM - 11:10 AM	Men Masters 1-4 55+
11:15 AM – 12:00 PM	Men 5/Citizens
12:05 PM - 12:50 PM	Men Masters 1-4 40+
1:00 PM - 2:00 PM	Women Pro 1/2 – 8 rider limit
2:10 PM - 3:10 PM	Men Pro 1/2 – 8 rider limit



## **USA Cycling Rules & Policies**

Momentum Indy events are held under USA Cycling permit #10342. Please note: Marian University holds USA Cycling permit #10415 for their "Parkside Throwdown" race. Any participation in the Parkside Throwdown race falls under Marian University's permit and their associated event management.

As USA Cycling-sanctioned and regulated events, Momentum Indy and associated events strictly adhere to all rules and regulations set forth by USA Cycling, including those for racer eligibility and classification. For all doping control regulations, please refer to the USA Cycling Policy II: Anti-Doping Policy. We encourage you to review the full USA Cycling Rulebook.

### **Race Entry & Licenses**

- **USA Cycling License Required:** A valid 2025 USA Cycling license is required to enter any race and must be presented at registration.
- One-Day Licenses: One-day race licenses (Novice and Experienced) are available for purchase. Please refer to the USA Cycling Handbook for current fees and eligibility requirements.
- Categories: You may only race in the category for which you have a license or your appropriate age category. Your age category is determined by your age as of 12/31/25.
- **Pre-Registration:** Online pre-registration is strongly encouraged and closes on **Wednesday at 11:59 PM EST** the week of the event.
- Onsite Registration: Walk-up registration is CREDIT CARD ONLY. No cash or checks. A
  walk-up fee of an additional \$10 per race will apply.
- Multiple Races: No discounts are offered for registering for a second race.
- No Refunds: All registrations are final.

### **Competition Rules**

- Helmets: Helmets are required at all times while on the bike.
- Free Lap Rule: In effect; officials may pull lapped riders.
- Results: Results become final after the standard 15-minute protest period for each race.



## **General Regulations**

#### **Registration & Bib Pickup Information**

Pick up your race bib at registration for each race venue, open until 30 minutes before each event's start. When picking up your bib or registering onsite, you'll need to:

- Show a **valid racing license**.
- Confirm you're racing in the category that matches your license or your appropriate age category. Your age category is based on your age as of December 31, 2025.
- Complete and sign the **USA Cycling Accident Waiver and Release of Liability**. If you're under 18, a parent or legal guardian must also sign.

**Important:** Race numbers are **not transferable**, and **no refunds** will be given. You'll receive **one race number** for the entire weekend.

#### **Bib Placement Instructions**

Your bib will always go on the **back of your jersey**, but the side will change daily. Ensure the bottom edge of your bib number aligns with your jersey's side seam, and that the numbers run vertically. **Do not fold or trim** your bib numbers.

- **Friday:** Your bib will be on the **RIGHT side** of your jersey.
- **Saturday:** Your bib will be on the **LEFT side** of your jersey.
- **Sunday:** Your bib will be on the **RIGHT side** of your jersey.

Please note: Lost bib numbers will incur a \$10 replacement fee.

#### Finish Line & Results

- **Finish Line Protocol:** After completing your race, **do not congregate** at the finish line. Never cross the finish line in the opposite direction or a second time in the same direction. Be aware of the finish line cameras!
- Results: Results will be physically posted onsite and online at https://www.momentumindy.org/results



### **Leader's Jersey Scoring**

The Leader's Jersey will be awarded based on a point system: **25**, **20**, **16**, **14**, **12**, **10**, **9**, **8**, **7**, **6**, **5**, **4**, **3**, **2**, and **1** point. To qualify for the Leader's Jersey, riders must register for all races.

#### **Resolving Ties**

In the event of a tie in total points, the tie will be broken in the following order:

- 1. Most first-place finishes.
- 2. If still tied, most second-place finishes, and so on.
- 3. If still tied, the **highest placing in the last race** (or the race closest to the last race of the omnium in which at least one of the tied riders placed).

#### **Prizes & Primes**

- Claiming Prizes: You must show your race number and race license to claim any prizes or primes.
- Racer Only: Only the registered racer themselves can claim prizes, and a legible signature is required.

### **Payout Procedures**

All cash prizes will be sent via **PayPal or Check within 7-10 business days** following the event. Payments to individuals do not incur a PayPal fee. Payments made to a business will be charged the standard PayPal merchant fee.

To ensure accurate prize distribution, please **verify your name**, **email**, **and phone number** when collecting your bib at registration.

- For combined winnings of \$600 or more (including cash primes), an IRS Form W-9 is required before prize money is issued. It's the racer's responsibility to complete and submit the W-9 to info@momentumindy.org or pick up a physical copy at Registration.
- Amateur prize winnings will be issued directly to the individual racer.
- For **Pro 1/2 Men's and Women's** events, prize winnings will be issued to the **team**, unless an alternate directive is provided by the Team Director.



#### **General Event Policies & Event Modifications**

- All racers must stay in the **designated starting corral** before their race.
- All racers are responsible for **knowing the course** and **following USA Cycling rules**.
- Pay special attention to the timeliness of protests and appeals.

The race promoter reserves the right to **shorten, modify, cancel, or combine** any race or prize list. This may occur due to insufficient entries, "acts of God" (e.g., natural disasters like fire, flood), war, terrorism, civil disorder, strikes, governmental advisories, or recognized health threats (including but not limited to COVID-19, H1N1, or similar infectious diseases) as determined by health authorities.



# **Criterium Details & Venue Maps**

#### **Mass Ave Crit**

One of the longest-running urban bike races in the Midwest, the **Mass Ave Crit** delivers a highenergy experience in Indy's vibrant Mass Ave cultural district, surrounded by the city's best bars and restaurants.

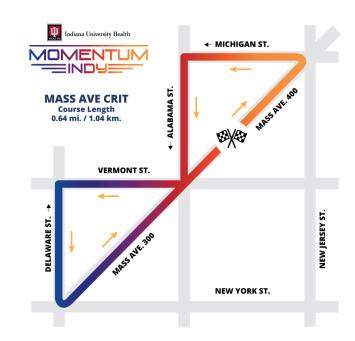
• **Course Profile:** Flat, fast, and technical with 5 corners

• Course Length: 0.64 miles / 1.02 km

• Prize Purse: \$18,400 cash

• Medical Support: Onsite medical

provided by IU Health



### **Payout Schedule**

	Men Pro 1/2	Women Pro 1/2	Men 3/4	Masters 1-4 (40+)	Women 3/4/5 & Masters 3/4/5 Women 40+	Men 5/Citizens
Purse	\$7,000	\$7,000	\$750	\$750	\$200	-
Primes	\$1,000	\$1,000	\$250	\$250	\$100	\$100
Total	\$8,000	\$8,000	\$1,000	\$1,000	\$300	\$100
1	\$2,000	\$2,000	\$150	\$150	100	-
2	\$1,500	\$1,500	\$125	\$125	60	-
3	\$1,000	\$1,000	\$100	\$100	40	-
4	\$700	\$700	\$90	\$90	-	-
5	\$500	\$500	\$80	\$80	ž.	-
6	\$400	\$400	\$70	\$70	-	-
7	\$300	\$300	\$50	\$50	-	-
8	\$200	\$200	\$40	\$40	8	
9	\$100	\$100	\$30	\$30	-	₽
10	\$80	\$80	\$15	\$15	>	=
11	\$70	\$70	2	1522	2	¥.
12	\$60	\$60	-	-	· ·	-
13	\$40	\$40	-		=	-
14	\$30	\$30	21	#/ <u>*</u> -	2	2
15	\$20	\$20	-	[ <del>  </del>	3 <del>-</del>	8



# Mass Ave Crit Friday, July 11, 2025 4:30 – 10 PM





### **Indy Crit**

The **Indy Crit** is the ultimate family-fun day, transforming University Park into a lively festival. Enjoy delicious food and drinks, engaging kids and family activities, and a vibrant expo, all amidst thousands of cheering fans!

Course Profile: Unique, fast, and flat

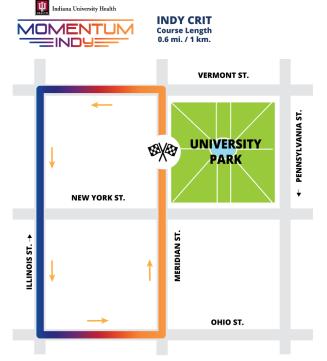
• Course Length: 0.6 miles / 1 km

• **Prize Purse:** \$11,700 cash

• Features: Includes kids and juniors' races

Medical Support: Onsite medical

provided by IU Health

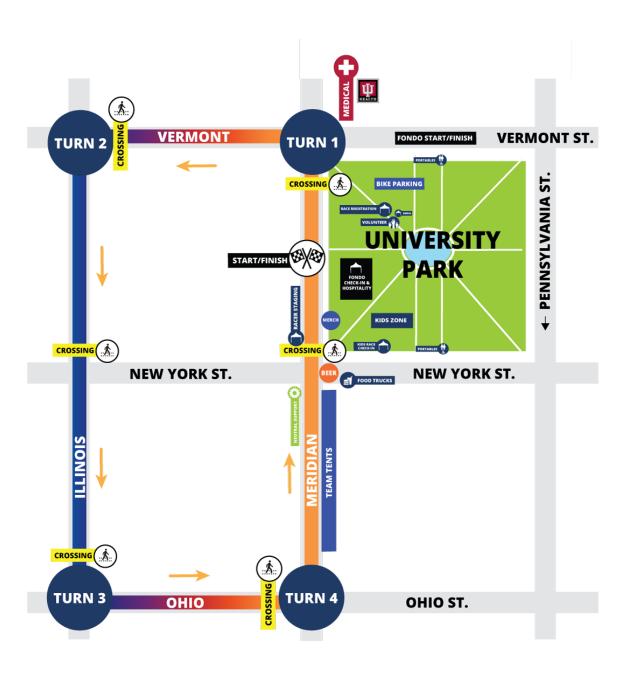


## **Payout Schedule**

	Men Pro 1/2	Women Pro 1/2	Men 3/4	Masters 1-4 (40+)	Women 3/4/5 & Masters 3/4/5 Women 40+	Men 5/Citizens	Masters 1-4 (55+)
Purse	\$3,500	\$3,500	\$750	\$750	\$200	-	\$200
Primes	\$1,000	\$1,000	\$250	\$250	\$100	\$100	\$100
Total	\$4,500	\$4,500	\$1,000	\$1,000	\$300	\$100	\$300
1	\$1,000	\$1,000	\$150	\$150	100	8	100
2	\$750	\$750	\$125	\$125	60	₽	60
3	\$500	\$500	\$100	\$100	40	-	40
4	\$350	\$350	\$90	\$90	<u> </u>	-	
5	\$250	\$250	\$80	\$80	-	<u>.</u>	( <del>=</del> .)
6	\$200	\$200	\$70	\$70	-		
7	\$150	\$150	\$50	\$50	12	4	H20
8	\$100	\$100	\$40	\$40	-	×	(4)
9	\$50	\$50	\$30	\$30	.5	=	153
10	\$40	\$40	\$15	\$15	<u>u</u>	2	123
11	\$35	\$35	×.	⊕;		•	(*)
12	\$30	\$30	₹.	9 <del>.7</del> 7	.77	75.	175
13	\$20	\$20	4	1/ <del>4</del> 0	¥-	₽	121
14	\$15	\$15	*	387	-	*	1.00
15	\$10	\$10				=	*



# Indy Crit Saturday, July 12, 2025 9 AM – 4:30 PM





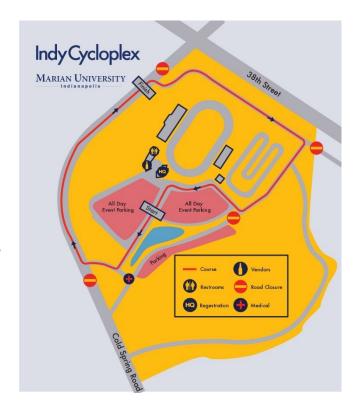
#### **Parkside Throwdown**

The **Parkside Throwdown**, presented by Marian University, marks the thrilling final day of racing for the Momentum Indy weekend. This event, held at the Indy Cycloplex, promises a fast and punchy course, featuring a challenging climb and descent.

Course Profile: Fast, punchy, with a challenging climb and descent

• **Prize Purse:** \$7,090 cash

• Medical Support: Onsite medical available



## **Payout Schedule**

	Women 3/4/5 &								
	Men Pro 1/2	Women Pro 1/2	Men 3/4	Masters 1-4 (40+)	Masters 3/4/5 Women 40+	Men 5/Citizens	Masters 1-4 (55+)		
Purse	\$2,310	\$2,310	\$390	\$170	\$170	\$170	\$170		
Primes	\$500	\$500	\$125	\$125	\$50	\$50	\$50		
Total	\$2,810	\$2,810	\$515	\$295	\$220	\$220	\$220		
1	\$700	\$700	\$100	\$80	\$80	\$80	\$80		
2	\$500	\$500	\$90	\$60	\$60	\$60	\$60		
3	\$300	\$300	\$80	\$30	\$30	\$30	\$30		
4	\$200	\$200	\$70	D=3	>	-	( <del>-</del> -		
5	\$150	\$150	\$50	283	NT	-	<del>172</del> 5		
6	\$120	\$120	2	327	<u>~</u>	÷	( <u>L</u> )		
7	\$100	\$100	-	/( <del>0</del> )	-		<		
8	\$90	\$90	-	( <del>-)</del>	9	E	1		
9	\$80	\$80	2	243	<u>~</u>	-	722		
10	\$70	\$70	-	g <b>.</b> =3	-	-	-		



# Parkside Throwdown Sunday, July 13, 2025 9 AM – 3:30 PM





# **Parking**

#### **Street Parking**

Many downtown Indy areas are metered, operating **7 AM - 11 PM, Monday-Saturday**. For detailed meter locations, please visit <u>Park Indy.</u> We recommend downloading the <u>ParkMobile app</u> for convenient payment.

### **Event-Specific Parking Options**

#### **Mass Ave Crit - Friday**

- Old National Centre \$10 399 E. North St.
- Penrose on Mass 401 E. North St.
- <u>Block 20</u> 428 N East St. Indianapolis, IN 46202

#### **Indy Crit - Saturday**

• Old National Centre - \$10 - 399 E. North St. - Starting at 6:00 AM

#### Parkside Throwdown - Sunday

• Indy Cycloplex surface lot (free)

# **Dining & Lodging**

Looking for places to eat, drink, or stay? Check out our <u>Eat + Drink page</u> for local dining options, and our <u>Lodging page</u> for the latest accommodation information.



# Many thanks to our generous sponsors!

## **Title**





# **Peloton Sponsors**















## **Cancer Prevention Partner**

# **Apparel Partner**





# **Paceline Sponsors**

























