



August 25-26, 2023

VOLUNTEER INFORMATION

Thank you for volunteering for the IU Health Momentum Indy! We could not do it without your help, enthusiasm, and support. This document contains all the information you need for volunteering at the event, including some helpful links.

Parking & Event Maps

Friday, August 25, 2023

Hours: 12:00 PM - 11:00 PM

Location: Old National Centre - [399 E North St, Indianapolis, IN 46204](#)

[Print Friday Parking Pass and Display in Windshield >](#)

Saturday, August 26, 2023

Hours: 6:00 AM - 9:00 PM

OneAmerica Lot at [499 Muskingum St, Indianapolis, IN 46204](#)

[Print Saturday Parking Pass and Display in Windshield >](#)

Pedal & Park Bicycle Parking

Saturday Only - Ride your bike to the event and enjoy worry-free bike parking at Pedal & Park, managed by our friends at Bike Indianapolis. Please consider a small donation to Bike Indianapolis to support bicycle advocacy in Central Indiana. Bikes left after the closing hours each day will be left unattended. Please pick up your bike. Thank you!

Location: University Park (north quadrant off of Penn/Vermont)

Hours: 10:00 AM - 7:00 PM

Volunteer Check-In

- Please arrive 15 minutes prior to the start of your shift.
- Email confirmation of your shift time will be sent the week of the event
- Each volunteer will receive a briefing before heading out to your volunteer position.
- You will receive your IU Health Momentum Indy t-shirt upon check-in.

Friday, August 25: Mass Ave Crit

- Volunteer Check-In Location:
[Point of Mass Ave/New Jersey/Michigan in front of Penrose](#)

Saturday, August 26: Indy Crit

- Volunteer Check-In Location:
[New York/Penn](#)

What to Wear / Bring

The IU Health Momentum Indy will be held rain or shine. The IU Health Momentum Indy is not responsible for any personal items left at the volunteer tent during your shift. Please bring only what you can carry on your person while volunteering. Please wear weather appropriate clothing, including:

- Comfortable shoes
- Raingear (if appropriate)
- Sunscreen
- Hat
- **Water Bottle (it will probably be hot!)**
- Bag or backpack if you wish to carry any personal items during your shift.

Food / Refreshments

Water, Gatorade, CLIF bars, and granola bars will be stocked at the Volunteer Tent to keep you nourished and hydrated throughout your shift.

Emergency Action Plan

Please familiarize yourself with our [Emergency Action Plan](#) prior to the start of your shift. It contains pertinent information such as inclement weather situations, missing persons, Covid-19, and reporting accidents and injuries.

Questions? Please email Volunteer Director [Brent Ruddy](#)

